

Zen as a Path to our Deep Nature

5-Day-Sesshin 2017 & more with

Kokan Genjo Marinello Osho

[from Seattle, USA]



January 27: Dharma-Dialogue, Bonn

January 28: Mini-Sesshin, Bonn

January 30: Talk and Discussion, Cologne

January 31: Dharma-Dialogue, Bonn

February 1 – 5: 5-Day-Sesshin, Halscheid

[Germany: Bonn/Cologne and Halscheid/Siegerland]

■ **Genjo Marinello** is abbot of Dai Bai Zan Cho Bo Zen Ji, a Rinzai Zen temple in Seattle. Marinello trained in the Japanese Zen temple Ryutaku-Ji, and became a dharma heir in its lineage of Rinzai Zen in 2008. Marinello is also a Washington State licensed mental health counselor, has served as the Buddhist pastor at the Monroe Correctional Complex, and has taught meditation at other prisons. In 2012 and 2013 he has attended Auschwitz Bearing Witness Retreat as well as the council trainings in Krakow with Fleet Maull before the retreats; in 2014 Rwanda Bearing Witness Retreat and in 2015 Native Indians Bearing Witness Retreat in the Black Hills.



This year's sesshin will help all participants to testify to the inner reality of our "Deep Nature". Often, looking in a mirror, we see the person driven by attachments, fears, desires, stuck in a sense of a separated identity. However, when we look deeper towards the bottomless depth of our own being, we will find the whole universe and beyond, and at such times get a glimpse into our "Deep Nature", setting the person free from any rank, position, or separated identity. In the course of our practice together we will work to actualize the voice of the Dharma in our daily lives. You are invited to attend this laboratory for investigating your deep nature, the third annual Bonn sesshin with Genjo Osho.

"Sesshin" literally means to "face one's heart-mind" and refers to a period of concentrated seated meditation, in Zen-Buddhism called "Zazen". In this case it's a five day meditation retreat in silence. Included in the retreat are multiple daily periods of Zazen, Dharma Talks (Teishos), Work Meditation (Samu), and twice daily Private Interviews (Dokusan) with Kokan Genjo Marinello. We will open and conclude the sesshin with Zen-Listening-Circles, also known as „Council“. During sesshin, followers of the Way dive deeply into the vast and boundless dimensions of the universe, collecting Zenki (Zen energy) along the way. This path is straightforward, simple and honest in its approach. Come and see for yourself! "Look! Look!" into your own deep nature and that of the universe: A Truly Noble Endeavor.

Genjo Marinello will share with us the simple but deep insights that arise from a forty-year daily Zazen practice. He will undoubtedly assist us all in acceptance, digestion and release of our deepest hindrances.

Genjo deeply accepts, respects and encourages your own deep inquiry into these matters. Genjo says he has nothing to teach, but he will point the way to awakening.

- **Dharma-Dialogue with Dr. Paul Köppler:** January 27, 2017 (Friday) at 7:00 pm: “When disaster strikes” – Following this dialogue, you are invited to share from your heart. Dana is requested; place: Haus Siddharta, www.haus-siddharta.de

Attendants for mini-sesshin may spend the night in the meditation-hall, arrival possible as from 4:00 pm.

- **Mini-Sesshin:** January 28, 2017 (Saturday) from 6:30 to 12:30 pm; including: breakfast, Private Interview (Dokusan) with the master, Dharma Talk (Teisho), fees: 25 €; Registration until January 27, 12:00 pm, place: Haus Siddharta, www.haus-siddharta.de

- **Talk und Discussion:** “Zen as a Path to our Deep Nature”; Januar 30, 2017, 9:30 pm; fees: 10 €; without registration; place: Osho UTA Institut, Venloer Str. 5–7, 50672 Cologne

- **Dharma-Dialogue with Ulrich Kelber, SPD MdB** (is asked): “The World is in a Crazy State – How do we respond?” January 31, 2017 (Tuesday) at 7 pm. Following this dialogue you are invited to share from your heart in a circle. Dana is requested. Place: Centre for Movement and the Ways of Life, Bonn, www.lebenskunst-bonn.de; registration: Thomas Christaller, +49 228 74887239

Attendants for 5-Day-Sesshin may spend the night in the zendo (or private or hotel, please ask, we help). Wednesday (after breakfast): Departure to Hof Kuppen at 9:00 pm from the Centre of Movement and the Ways of Life.

- **5-Day-Sesshin:** February 1–5, 2017: Sesshin will start with instruction at 2:00 pm and will continue until Sunday after lunch. Lunch on day of arrival at 12:00 pm, first announcements will be made after lunch.

■ **Costs / Fees for sesshin**

5-Day-Sesshin: 340 € “Early Bird” until end of 2016. As from January 2: 370 €. We encourage you to ask for a reduced price, if otherwise you couldn’t attend sesshin (call Monika +49(0)163/2695423 or Sam: 0176-74767846). The costs are comprising the fees for the teacher, which is no impediment to practice the virtue of generosity at the end of sesshin!

■ **Costs / Lodging**

Please contact Andreas from Hof-Kuppen directly (+49-22929-11423, e-mail@hof-kuppen). He speaks fluently English and will send you the price-list with all possibilities (mobile home, several, double, and single bed-rooms) and give informations.

■ **Registration**

To register please write Monika Winkelmann at: m.winkelmann-schreiben@web.de. Your registration will be valid with the transference of the fees for sesshin. On the remittance slip please write as usage: genjo-spring-2017-your

surname. You will get a short confirmation that your spot is reserved and also about receipt of your fees. Around two weeks before sesshin, you receive a letter with more information.

■ Cancellation

Your fees cannot be refunded after January 18, as we likely will not be able to fill your vacancy in the time remaining.

■ Place/Address

Haus Siddharta: Denglerstr. 22, Bonn, www.haus-siddharta.de

Centre for Movement and the Ways of Life: Kessenicher Str. 217, Bonn, www.lebenskunst-bonn.de

Osho UTA Institut: Venloer Str. 5–7, 50672 Köln, www.oshouta.de

Hof Kuppen – Seminarhaus für Meditation, Supervision und Beratung
Auf dem Kuppen 8, D-51570 Windeck-Halscheid (near Bonn/Germany)
Tel.: 02292-911423, email@hof-kuppen.de

■ Arrival

Please inform Andreas/Hof-Kuppen if you want to be picked up at the next station 'Au (Sieg)' (Costs: 5 €/each drive, 1,25 € if the car is fully occupied).

For all coming from far: If you are attending the Dharma-Dialogue in Bonn on January 31 and also want to attend the 5-Day-Sesshin, we provide support for a place to stay/sleep and transfer to Hof-Kuppen next morning.

For all: We request you to arrive for lunch at noon in Hof-Kuppen on February 1, if possible until 11:00 am. Sesshin starts with lunch at 12.00 and ends after lunch on Sunday.

The organizing team will help you with your departure and any other upcoming question.

Links

- Chobo-ji, Seattle: www.choboji.org
- Hof-Kuppen: www.hof-kuppen.de
- Haus Siddharta: www.haus-siddharta.de
- Osho UTA Institut: www.oshouta.de
- m.winkelmann-schreiben@web.de
- www.lebenskunst-bonn.de

Please register with:

Monika Winkelmann

m.winkelmann-schreiben@web.de

Mobil: +49-(0)163 269 5423 | Tel.: +49-(0)228-44 39 39